

## Lynn or Greg Moore

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**From:** "Lynn & Kristie" <glmoore@telus.net>  
**To:** <lynn@cleargoalscoaching.com>  
**Sent:** November 17, 2006 8:59 AM  
**Subject:** Subscriber, It's arrived! Nov "Beauty Thru Wellness" Ezine



### *Beauty Thru Wellness™*

*Feel good inside and out!*

*Volume 1, Issue 11  
 November, 2006  
 From Lynn & Kristie  
 Enhance Studio*



Hellooo Subscriber!

You have heard the phrase, "The only things you can't avoid are death and taxes". Well, I'm going to add another one: **CHANGE!**

Yup, I'm up to my hair follicles in even more changes and it's no longer a "learning **curve**", it's a learning spiral!

So, just a **heads up**. I have finally done some outsourcing and hired a VA (virtual assistant) to do much of the online work associated with my two businesses. Right now she is deeply involved in changing over my newsletters plus installation of autoresponder and shopping cart (for Coaching business only) to a new system.

So you just might experience some weirdness happening with a thing or two arriving into your email from us. Just hang in there with us, it won't be long before I have it all down pat (in the new year?!)

This month:

- An exciting new skin care product!
- I explore an alternative health method
- More on our innovative Wrinkle Filler Facial treatment
- Holiday ideas

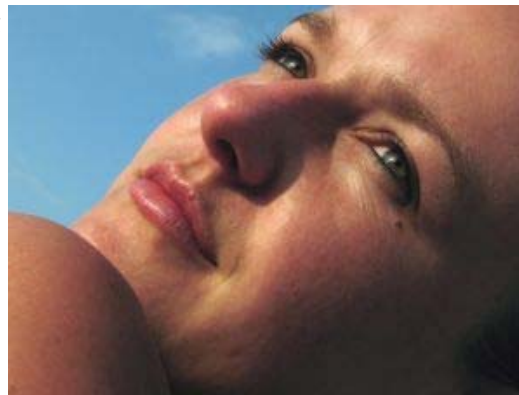
We **appreciate** you all!



## NEW PRODUCT!

### FIRMING FACIAL SERUM

Another exciting addition to our "Makes Scents" product range of serums. As you may well know, serums have the ability to **instantly absorb and penetrate** their very active ingredients deeply into the skin where **miracles occur!**



**Firming Facial Serum** has the following **FEATURES:**

- Contains the rare sea algae **Pullulan**
- Dipalmitoyl hydroxyprotein- a vegetable **alternative to surgery**
- Sodium hyaluronate - provides hydration to the **deepest levels** of the skin aiding matrix remodelling
- Preserved with Japanese honeysuckle & vegetable sourced glycine.
- **No Parabens** or formaldehyde forming preservatives
- Unscented

Followed by these **BENEFITS:**

- **Restructures** the epidermis to actually lift sagging skin
- Relaxes and **smooths** facial expression and wrinkles with a quick mechanical action
- Helps **fill all wrinkles**, dermal and epidermal
- Promotes **collagen** development
- **Protects elastin** fibres against enzymatic breakdown
- **Scavenges** free radicals

New **Firming Facial Serum** is the ultimate companion product for the daily maintenance and increased results of our new **Wrinkle Filling Facial** treatment! (see more below)

**Price \$30**

30ml

Only **two drops covers** the entire face and throat!

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**What is Electro-Dermal Screening?**

That was precisely my question when it was first proposed to me as a method to test the body for "undesirables."

I am a sceptic. But a healthy sceptic. I don't just accept something because someone says it is so, but **I am open** to exploration and making my own conclusions.

So, in this case, I made an appointment and had a **fascinating two hours** with Cecelta Bryniawsky, certified natural health practitioner and Electro-Dermal Screening Practitioner. It was an experience wherein **ancient medicine meets high technology**.

Electro-dermal screening electronically measures the biological energies utilized in **acupuncture** and **homeopathy**. It can detect the presence of pathogens such as parasites, viruses, bacteria, yeast, fungus and environmental pollutants as well as determining food and environmental sensitivities.

I simply held a small rod in one hand while Cecelta placed a brass electrode on **various meridian points** on my other hand thus measuring the channels of energy running throughout my body. That's the ancient part.

Now comes the high tech. The measurements showed **graphs on the computer** screen and told her my body's ability to conduct the **various energies**. Most of this was a puzzle for me but it was fascinating to watch. Next she was able to measure how the readings changed when we **added my food supplements** and medicines thus helping me decide which ones were most beneficial and which ones were not.

After two hours, Cecelta was able to prepare some **Bach Flower remedies** and order some homeopathic ones to address my specific needs. However, the bottom line is that **I am very healthy** and need only a tweek here and there!

I can only touch the **tip of the tip** of the iceberg here. Suffice to say there is much, much more to this and it is not so much the equipment as the **talent of the technician** that determines the success of your appointment. EDS can be utilized by medical doctors, chiropractors, naturopathic physicians and dentists to add another non-invasive method of diagnosis.

You can contact Cecelta at 250 558 0688. She has her practice in the new "White House Wellness Centre" here in Vernon.

For more detail info you can visit here: [http://www.alternative-doctor.com/body\\_stuff/electrodermal.html](http://www.alternative-doctor.com/body_stuff/electrodermal.html)

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### [MORE On Our New...](#)

#### **Wrinkle Filling Facial**

Around 40 years of age and during menopause, the body starts to produce fewer female hormones which causes **the skin to become thinner** and show more signs of wrinkles.

However, phyto-hormones (hormones from plants) have a similar balancing effect to the body's own hormones. Rosa



Graf has developed the FORTY+ line to counteract the initial signs of **hormone induced aging**.

Here are some **FEATURES** of this fabulous treatment:

- **Revolutionary new treatment** on the market
- Developed by the Rosa Graf company
- **Highest** amount of Acetyl-Hexapeptide-3 available
- Can be repeated as often as **every 14 days**

And here are the **BENEFITS**:

- A soothing, peaceful treatment. **No discomfort**
- **No injections** necessary
- Relaxes facial muscles **gradually** thus reducing appearance and depth of wrinkles. **Cumulative effect**. Face moves normally and naturally
- Safe
- Muscles are **not paralyzed** as in Botox treatments
- Very **reasonably priced**

**Wrinkle Filling Facial** is \$80

Couple it with a **microdermabrasion** treatment to increase the results by **50%** for \$140. A savings of **\$25.00**

A **PERFECT** companion treatment to **complement** the use of our new **Firming Facial Serum!**

With these **two miracles** in your anti aging arsenal, you just can't go wrong.

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### Much Appreciated Gifts



### **CONSIDER A GIFT CERTIFICATE FROM ENHANCE STUDIO**

- No fighting crowded malls
- No wrestling with decisions on what gift to choose
- Place order by phone with credit card # and we will mail/deliver it
  - Or pick it up if you choose
- Personal
  - Allows recipient own choice of treatment or product
  - The gift that just keeps on giving and giving and giving!

**Put an Enhance Studio gift certificate on your "Santa List"!**

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## The Holiday Glow

Christmas lights aren't the only thing that should glow this **holiday season**. We can dress up in our holiday best and sparkle with jewels and smiles, but what are people really looking at? **Your face!** The following are a few ways to achieve that special **Holiday Glowing skin**:

Use the magic of **Synergy** by combining treatments

Microdermabrasion  
Physician's Choice Peels  
Oxygenation Trio

- Combine a **Microdermabrasion and a Physician's Choice Peel**. The former removes dull, dead skin like nothing else, making the skin **velvet smooth** while the latter penetrates the skin to the developing cells, **rejuvenates** them and makes them happy and healthy. **Together** they bring out the very best in each other.
- Combine a Physician's Choice **Sensi Peel with an Oxygenation Trio**. An excellent treatment for tired, sluggish skin especially smokers, those who work in poor air quality and fluorescent lighting, those on medications and recovering from illness (toxicity).

Use each treatment **individually or mix and match!**

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## Appointment Cancellation Policy

**24 hours** notice of appointment cancellation is greatly appreciated. Other clients and we thank you for your consideration.

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## Some Quick Links

Arbonne products: [www.arbonne.com](http://www.arbonne.com) To order online use my ID# 110081781

Nutrimetics products: [www.myavalla.com](http://www.myavalla.com)

Enhance Studio website: [www.enhancestudio.com](http://www.enhancestudio.com)

Clearing Confusion: [www.ClearGoalsCoaching.com](http://www.ClearGoalsCoaching.com)

**Lynn & Kristie**

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