

Lynn or Greg Moore

From: "Lynn Moore" <glmoore@telus.net>
To: <glmoore@telus.net>
Sent: September 10, 2006 3:27 PM
Subject: Subscriber, Here's your Sept Beauty Thru Wellness Ezine



Beauty Thru Wellness®

*Look fabulous with great
health!*

*Volume 1, Issue 9
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*From Lynn & Kristie
Enhance Studio*



Ola Subscriber!

Summer wanes and its back to routine things. I like getting into more of a structure, but also miss the sense of **freedom** that summer brings. At any rate, Kristie and I are full of excitement with the **changes** and plans we have going on with the Studio.

New **decor** is in full swing. The office and treatment room have been given new warmth and update with cherry laminate flooring. Emphasis on new colours is providing **yellow** (warming, cheering, unleashing of creative juices), **medium green** (refreshing, grounding and connecting to nature) and **pale green** (providing a whispering hush).

The Studio basement entrance is also receiving an ongoing **lift** with new decor including floor painting, new carpet runner, dividers, sheer drapery and flower arrangements. We should have a contest: see if you can pick out what's new since your last visit!

Also, many changes to our website www.enhancestudio.com. Our webhost Lani, has been busy. The "**Treatments Page**" has had the most updating. Also take note that the "Newsletter Page" will become an **archive** for past newsletters! As soon as this newsletter is circulated to subscribers, we will make that change.

In this issue:

- We will clear the confusion about chemical peels vs. microdermabrasion
- Blood analysis and diet with Kathy Fell
- Introducing the TITAN !!
- A sad farewell

Enjoy this month's ezine!

We **appreciate** you all!

Lynn & Kristie



QUESTION & ANSWER

*What's the difference between
microdermabrasion and **chemical peels**?*

Although microdermabrasion (MD) and peels are both methods of **exfoliation**, they work in different ways. MD is a **mechanical** way of removing the dead skin layer (stratum corneum). Peels provide a chemical exfoliation by **breaking down** the bond that holds the stratum corneum together and speeding up the natural exfoliation process. Peels are more effective at treating acne and some pigmentation issues because there is absorption into the skin. Many choose MD because there is no visible downtime.

CLIENT TESTIMONIAL

Kristie received this recent glowing testimonial:

"I just wanted to thank you again for a **wonderful** experience! The corrections you made are magnificent and I so *appreciate* your talent and time!"

And we appreciate you too, Kristin!

KATHY IS BACK TO HELP YOU

Those of you who have been readers over the years know what a fan I am of Kathy Fell, blood analyst and **registered nutritionist**. At my suggestion, many of you have availed yourselves of her services. Kathy lives in 108 Mile House and regularly makes the trip to the Salmon Arm

area to work by appointment with local clients.

If you have any health **challenge**, minor or major, or are just low on energy, over/under weight, menopause, etc. Kathy will work with you by monitoring changes in your blood and using **diet** and **natural supplements** to bring about, in my experience, vast improvements.

Kathy will be in the area **October 23 - 30**. Call Trish Probyn at 250 835 4479 for more information, appointment times and directions.

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IT'S A "TITAN" OF A DEAL

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Do you want to help bring this incredible treatment to the Okanagan?

TITAN from Cutera

The Titan Procedure is a **safe**, non-surgical process that uses an infrared light source to tighten skin and reverse the signs of aging. The Titan heats the dermis to cause **collagen contraction** while preserving the epidermis through continuous cooling. In addition, Titan can stimulate long-term **collagen rebuilding** that leaves patients with younger looking skin.

The Titan Procedure treats lax and redundant skin throughout the body including the abdomen, thighs and underarms and is also used to tone, lift and tighten skin on the **face and neck**.

The Titan Procedure:

- Safe
-
-
- Can stimulate long-term collagen rebuilding

HOW WOULD YOU FEEL ABOUT RECEIVING \$2,250+ IN FREE TREATMENTS?

I need a minimum of 40 clients to commit to treatments in order to bring this equipment, valued at \$90,000, to Vernon .

You **prepay** your face treatment, or any other body area you wish to improve, I give you the second treatment (2 treatments are necessary for optimum results) at **half price** AND I will do one treatment on another area for free.

*PLUS for **future** treatments you will receive **20% off** the regular price for the life of the machine!*

- *Treatments are \$1500 each*
- *You save \$750 on the second treatment*
- PLUS one other area for AT NO COST!!
- AND \$300 on future treatments on this machine

This offer expires on November 20, 2006

(if, for any reason, we do not receive 40 committed clients, your money is guaranteed to be refunded)

Contact Kristie @ 250 306 1191

For more information on the treatment as well as more pictures go to the website

http://www.cutera.com/prodapps/titan_intl.asp?view=photos

HEADS UP

The second annual "**Women's Day of Discovery**" will be held Saturday, Nov. 4th !!

The location is the Sandman Inn in Vernon

Kristie and I and a special guest from Vancouver have an incredible day planned.

Watch for more details click here:

<http://cleargoalscoaching.com/events.php>



FAREWELL SWEET 'SHAMMY' GIRL

It is with a grieving heart and a tremendous sadness that I let you know that our official client 'greeter', Shammy, has left us. Many of you developed a special affection for her over the years as she greeted you at the gate with a wagging tale that said, "welcome!" Sometimes she even escorted you down the stairs and accompanied you in the

door!

After 12 1/2 years of her unconditional love she had a

sudden stroke and our kind and gentle vet helped her pass over. She has left a huge, empty hole in our home, but lives on in our hearts and we know that one day she will greet us at the "Rainbow Bridge".

Some Quick Links

Arbonne products: www.arbonne.com To order online use my ID# 110081781

Nutrimetics products: www.myavalla.com

Enhance Studio website: www.enhancestudio.com

Clearing Confusion: www.ClearGoalsCoaching.com

Lynn & Kristie

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